

World Olive Center for Health

76 Imittou St. 5th floor 11634, Pagkrati, Athens Tel: 2107010131 info@worldolivecenter.com



Athens: 27/12/2023

Cert. Num: C2324-00370

Production Date:

CERTIFICATE OF ANALYSIS

Brand Name: ELIAMA D.V. PREMIUM Analysis Date: 22/12/2023

Owner: ELLIS-FARM Variety: KORONEIKI

Origin: AGIA VARVARA HERAKLION CRETE GREECE

Harvesting Period: 2023-2024

Oil Mill:

Chemical Analysis

Oleocanthal	122 mg/Kg	
Oleacein	129 mg/Kg	
Oleocanthal <mark>+</mark> Oleacein (index D1)	251mg/Kg	
Ligstroside aglycon (monoaldehyde form)	28 mg/K <mark>g</mark>	
Oleuropein aglycon (monoaldehyde form)	63 mg/K <mark>g</mark>	
Ligstroside agl <mark>ycon</mark> (dialdehyde form)*	160 mg/Kg	
Oleuropein aglycon (dialdehyde form)**	195 mg/Kg	
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Total polyphenols analyzed 696 mg/kg

Comments:

The levels of oleacein are higher than the average values (105 mg/Kg) of the sample included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 13,92mg of hydroxytyrosol, tyrosol or their derivatives.

Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed at the National and Kapodistrian University of Athens according to the method that has been submitted to EFET and published in J. Agric. Food Chem. 2012, 60, 11696, J. Agric. Food Chem. 2014, 62, 600 & Molecules 2020, 25, 2449.

The results relate to the analyzed sample.

*Oleomissional+Oleuropeindial **Ligstrodial+Oleokoronal

Magiatis Prokopios

PROKOPIOS MAGIATIS

ASSOCIATE PROFESSOR

UNIVERSITY OF ATHENS
FACULT OF ATHENS
FACULT OF HARMACOGNOSY
AND NATURAL OF HARMACOGNOSY
AND NATURAL OF HARMACOGNOSY